

Courses taught in english language

„Stop or Go“ - Avalanche awareness

Mountains near Vienna

Aktiv-Nr.: n130013

Course taught in English language!
„Recognize and Avoid Avalanches“
For Ski mountaineers - Snowboarders - Snowshoe hikers In this course, you will learn the basics of modern avalanche theory developed by Werner Munter („3x3“) and used as the basis for the Alpenverein system „Stop or Go“. The theory of basic avalanche awareness and risk-management (i.e. standard operating procedures) to utilize while planning and touring will be presented on Wednesday evening and again on the scheduled day in the mountains.

Attention:

No date for the course fixed at the moment. If you want to participate, please show up at the (monthly) meeting of the Alpine Club Vienna on the 3rd December 2012 at 7 p.m. in Rotenturmstraße 14.

www.alpineclubvienna.org

Leader fee: 70,-

Guide: Merstallinger Michael

Requirements: ST2, K1-2, some experience in ski mountaineering or snowshoeing, interest in improving independent and self-assured actions

Avalanche Rescue Management

Frein an der Mürz

Sa. 12.01.2013 - So. 13.01.2013

Aktiv-Nr.: n130006E

Course taught in English language!
For Ski mountaineers - Snowboarders - Snowshoe hikers When did you practice with your avalanche beacon the last time? Do you know how to organize your group to dig out your comrade(s) fast? Did you ever dig out a body from snow? For one evening and a day at an „avalanche debris“ you learn efficient rescue management after an avalanche accident.

Course starts at 6 p.m. on Saturday at Freinerhof with the presentation (basics theory)

Leader fee: 43,- / 32,-

Guide: Baumgartner Thomas

Requirements: ST1, K1-2, some experience in ski mountaineering or snowshoeing, interest in improving independent and self-assured actions

Information: will follow on post way or at the December meeting of the English group

A: Fr. 21.12.2012

Indoor Climbing Course - Beginners

From 7 - 9 pm for Alpine Club Members

Sa. 26.01.2013 - So. 27.01.2013

Aktiv-Nr.: n130571



Indoor Climbing Course for Beginners. No previous knowledge required! In this course we teach the basics of toprope climbing in an indoor climbing hall (Rotenturmstraße 14). Talented people will get an introduction in lead climbing and lead climbing belaying.

Costs: 60,-/45,- for 2 units (2 hours each), climbing instructor, entrance fee, climbing equipment (including shoes)

A: Fr. 11.01.2013

Snowshoeing - Basic Education

Dachstein / Gjaidalm

Aktiv-Nr.: n130107



Course in English language!

Walking on silken paws, in the untouched winter wonder land, apart of skiers and tourist tracks, is an exceptional adventure - not only for Non-Skiers. You are going to learn how to independently plan and accomplish wonderful snow shoe tracks. You learn how to enjoy the deep winter powder in the high mountains whether you are with friends, family or alone. This is a course full of theory and exercise at a rustic afield mountain hut!

No date fixed at the moment - please register for the course to get contacted.

Leader fee: 118,- / 88,-

Requirements: T1,K2! (pure walking time on snowshoes can be up to 7 hours!)

Information: via post/e-mail

Navigation for Hikers

Reach your goal safely using map/compass

So. 31.03.2013

Aktiv-Nr.: n131802



Where am I? Whats the name of the mountain over there? And how do I best get to my goal?

During a day hike in the Vienna Woods you will acquire the basics of navigation with map and compass. You will be able to apply theoretical input immediately with practical exercises. We will cover map reading, procedures with compass, finding your location and getting to the goal, among others. Participants will learn to find their way safely through unknown territory.

Leader fee: 20,-

Leitung: Schreiter Wolfgang

VB: Detailed information via E-Mail or phone

A: Fr. 15.03.2013



Navigation for Hikers

Reach your goal by using a GPS receiver

So. 07.04.2013

Aktiv-Nr.: n131804



During a day hike in the Vienna Woods you will acquire the basics of navigation with GPS. You will be able to apply theoretical input immediately with practical exercises. We will cover procedures with GPS, finding your location and getting to the goal, among others. Participants will learn to find their way safely through unknown territory.

Leader fee: 20,-

Guide: Schreiter Wolfgang

Requirements: You need basic navigation skills with map/compass and a GPS receiver!

VB: Detailed information via E-Mail or phone

A: Fr. 22.03.2013

Basic education on rock and ice

Dachstein

Sa. 22.06.2013 - So. 23.06.2013

Aktiv-Nr.: n130662



Course taught in English language!

Dachsteins mountainous region offers perfect terrain to train your skills on both rock and ice. You will learn the basics of mountaineering: hiking in high-mountain regions, walking on glaciers, climbing via ferrata, navigation, and much more. We meet on Saturday morning at the bottom station of the Dachstein Südwand cable car.

Leader fee: 168,- incl. accommodation, dinner, breakfast on Adamek-Hütte

Guide: Scherr Martin

Requirements: T2, K2 (free from dizziness, fit for tour length up to 7 hours)

VB: Mo. 17.06.2013 18:00

A: Mi. 12.06.2013